

JAGUAR CROSS - COUNTRY



Thank you for your interest in our Middle School Cross Country Program.

I am excited about beginning our season in September. This year 6th, 7th and 8th grade students will be able to compete on our school's team. Participants will enjoy fitness as they compete with other schools across Warren and Morris counties. Each race is run on a 1.5 mile course designed by the host school.

The cost of the program will be \$30.00. This enrollment fee includes a GMMS jersey and transportation to and from meets.

*Please return the permission below, along with a check for \$30.00 payable to "Great Meadows Middle School After School Activities" to join. Your child **MUST** have a pre-participation physical prior to beginning practice. The attached forms must be completed by your physician and returned to the school **no later than August 15**. Practice will begin the week we return to school in September 2009.*

Child's Name _____ Grade _____

I give permission for my child to participate in the 2009 Great Meadows Middle School Cross Country program. I understand that he/she may not participate until the Pre-participation Physical forms are submitted to the school nurse.

Parent Signature
