

WEST BERGEN MENTAL HEALTHCARE'S
ASPERGER'S RELATED SERVICES DEPARTMENT
WORKSHOP SERIES for Professionals, Family Members and Students
WINTER/SPRING 2009

1. Asperger's 101.

This first workshop is designed for the professional, paraprofessionals and parents new to the diagnoses and others interested in better understanding Asperger's Disorder. The attendee will learn the diagnostic criteria, associated features, differential diagnoses to be considered, co-morbidity issues and strengths of the population.

Date: Monday, January 26, 2009

Presenters: Jeanne Marron, Ph.D.
Janine Standish, LPC

Time: 7:30 – 9:00 p.m.

Location: *Ramsey

Cost: \$25.00

Target audience: professionals, students,
family members

2. Therapeutic Social Skills for Individuals with Asperger's and Related Disorders

This workshop will educate the individual on understanding the scope of social skills thereby enabling the development of successful programs that meet the individual with Asperger's interpersonal and social development needs. The nature and complexity of social skills, various techniques and tools, how to target social skills development within the natural environment, and how to implement therapeutic social skills groups for children through adolescents will be examined.

Date: Thursday, February 5, 2009

Presenters: Jeanne Marron, Ph.D.
Janine Standish, LPC
Lauren Lawson, LPC

Time: 11:30a.m.-1:00p.m.

Location: * Ramsey

Cost: \$25.00

Target audience: professionals, students,
family members

3. Two or Three for One: The Complexity of Co-Morbidity (additional diagnosis) in Asperger's and Related Disorders

Individuals with Asperger's, High Functioning Autism, PDD, NOS, Nonverbal Learning Disabilities and other social communication disorders often experience additional symptoms associated with various diagnostic categories. Sometimes the symptoms are significant enough to warrant a formal co-morbid diagnosis which may require equal if not more attention in the ongoing treatment process and daily functioning of the individual. This workshop will review the symptoms and criteria for the most commonly experienced co-morbid disorders and examine various treatment options.

Date: Wednesday, February 11, 2009

Presenters: Jeanne Marron, Ph.D.
Jennifer Riley, M.A.

Time: 12:00p.m.-1:30p.m.

Location: * Ramsey

Cost: \$25.00

Target audience: professionals, students, family members

OVER >

4. Coping for Parents of Children with Asperger's and Similar Disorders

Interactive workshop focusing on the joys and stress of living with a child with Asperger's Syndrome and related disorders. Facilitators will focus on topics related to emotional regulation, handling changes in routines, parenting concerns through the child's lifespan, sibling issues, advocacy, and parental support systems. Participants will be encouraged to share their concerns, as well as strategies, in coping effectively with their AS child.

Date: Tuesday March 17, 2009

Presenters: Eve Thaler, LPC
Jen Riley, M.A.

Time: 7:00-8:30p.m.

Location: *Ramsey

Cost: \$25.00

Target audience: parents

5. Planning a Playdate for Children with Special Needs

This workshop focuses on helping the parent to plan and structure play dates for their elementary aged child. Techniques and strategies designed to optimize successful social interaction while in your home or the community will be presented.

Date: Monday April 20, 2009

Presenter: Katherine Kandravy, LSW
Jane Watson, LSW

Time: 10:00-11:30 a.m.

Location: *Ramsey

Cost: \$25.00

Target audience: parents of elementary school
aged children

6. Evaluation and Treatment of Adults with Asperger's and Similar Disorders

This workshop focuses on assessing the adult with Asperger's Syndrome and optimizing psychosocial interventions to address the varied additional needs of this population, their family members, and those that play a significant role in their development and welfare. An understanding of specific techniques and tools, as well as the importance of considering the impact of the increased social complexity and social demands in adulthood will be presented.

Date: Wednesday May 13, 2009

Presenters: Jeanne Marron, Ph.D.
Eve Thaler, LPC
Jen Riley, M.A.

Time: 7:00-8:30p.m.

Location: *Ridgewood

Cost: \$25.00

Target audience: professionals, family
members of adults

***Location:** Please note workshops being held in Ramsey will be located at West Bergen's Center for Children and Youth, One Cherry Lane, Ramsey, NJ 07446. Workshops held in Ridgewood will be located at West Bergen Mental Healthcare, 120 Chestnut Street, Ridgewood, NJ 07450.

Pre-registration is required. If interested, please complete and mail the registration form on the next page with your check payable to West Bergen Mental Healthcare. Be sure to mark your calendars before mailing. Questions may be directed to Kelly Doyle at (201) 934-1160 x 7231.

WORKSHOP REGISTRATION FORM

Please check each workshop you are attending:

_____ **Workshop #1:** *Asperger's 101*
Cost: \$25

_____ **Workshop #2:** *Therapeutic Social Skills for Individuals with Asperger's and Related Disorders*
Cost: \$25

_____ **Workshop #3:** *Two or Three for One: The Complexity of Co-morbidity in Asperger's and Related Disorders*
Cost: \$25

_____ **Workshop #4:** *Coping for Parents of Children with Asperger's and Similar Disorders*
Cost: \$25

_____ **Workshop #5:** *Planning a Playdate for Children with Special Needs*
Cost: \$25

_____ **Workshop #6:** *Evaluation and Treatment of Adults with Asperger's and Similar Disorders*
Cost: \$25

Total payment enclosed: _____