

GMRSD COVID-19 School Guidelines

<p>Symptomatic Student: Option 1: COVID-19 testing. Option 2: 10 day quarantine without testing.</p> <p>If COVID-19 test results are <i>negative</i> and there is <i>no known COVID-19 exposure</i>, the student can return to school as long as they are 24 hours fever free without fever-reducing medication and other symptoms have improved.</p> <p>An alternate diagnosis without a negative COVID-19 test from a doctor is not acceptable for return.</p>
<p>COVID-19 Positive Student: If student is COVID-19 positive, isolate for 10 days from symptom onset. <i>OR</i> if asymptomatic, 10 days from test date.</p>
<p>Close Contact (Vaccinated): If asymptomatic, the recommendations are to obtain a COVID-19 test 3-5 days after exposure. No quarantine is required unless symptoms begin. Masks are required until receiving a negative result <i>OR</i> for 14 days, if not tested.</p>
<p>Close Contact (Unvaccinated): Option 1: 7 day quarantine if a negative COVID-19 test is obtained on days 5, 6, or 7 after the identified close contact date. Option 2: 10 day quarantine after the identified close contact date without testing.</p>
<p>Household Close Contact (Vaccinated): If asymptomatic, the recommendations are to test 3-5 days after exposure. No quarantine is required unless symptoms begin. Must wear a mask until receiving a negative result <i>OR</i> for 14 days, if not tested.</p>
<p>Household Close Contact (Unvaccinated): When a household member is positive and cannot isolate from the student, the student will have to complete the positive case's isolation time (10 days), plus an additional quarantine period including a 7 day quarantine if a negative COVID-19 test is obtained on days 5, 6, or 7 after the close contact <i>OR</i> 10 day quarantine without testing.</p>
<p>Travel (Vaccinated): Domestic Travel: As long as asymptomatic, no testing or quarantine is needed. International Travel: As long as asymptomatic, no quarantine is needed. Should test 3-5 days after arrival back in the United States.</p>
<p>Travel (Unvaccinated): Domestic Travel & International Travel: Option 1: 7 day quarantine if a negative COVID-19 test is obtained on days 3, 4, or 5 after the date of return. Option 2: 10 day quarantine without COVID-19 testing.</p>
<p>Close Contact Definition: Someone who has been within 6 feet with a suspected or known COVID positive individual for 15 or more minutes during a 24 hour period. This remains even when students are masked.</p>

Rapid COVID-19 tests are acceptable, however, PCR tests are preferred.

NOTE: Day 1 of quarantine always starts the day after symptoms began, the day after a positive COVID-19 test is obtained , the day after the date of the close contact, and the day after returning to New Jersey from travel

****These guidelines are subject to change based on the most current Department of Health school guidance.****