

# **GMRSD COVID-19 School Guidelines**

## **Symptomatic Student:**

**Option 1:** COVID-19 testing.

**Option 2:** 10 day quarantine without testing.

If COVID-19 test results are *negative* and there is *no known COVID-19 exposure*, the student can return to school as long as they are 24 hours fever free without fever-reducing medication and other symptoms have improved.

An alternate diagnosis without a negative COVID-19 test from a doctor is **not** acceptable for return.

## **COVID-19 Positive Student:**

If student is COVID-19 positive, isolate for 10 days from symptom onset.

*OR* if asymptomatic, 10 days from test date.

## **Close Contact (Vaccinated):**

If asymptomatic, the recommendations are to obtain a COVID-19 test 3-5 days after exposure.

No quarantine is required unless symptoms begin.

Masks are required until receiving a negative result *OR* for 14 days, if not tested.

## **Close Contact (Unvaccinated):**

**Option 1:** 7 day quarantine if a negative COVID-19 test is obtained on days 5, 6, or 7 after the identified close contact date.

**Option 2:** 10 day quarantine after the identified close contact date without testing.

## **Household Close Contact (Vaccinated):**

If asymptomatic, the recommendations are to test 3-5 days after exposure.

No quarantine is required unless symptoms begin.

Must wear a mask until receiving a negative result *OR* for 14 days, if not tested.

## **Household Close Contact (Unvaccinated):**

When a household member is positive and cannot isolate from the student, the student will have to complete the positive case's isolation time (10 days), plus an additional quarantine period including a 7 day quarantine if a negative COVID-19 test is obtained on days 5, 6, or 7 after the close contact *OR* 10 day quarantine without testing.

## **Travel (Vaccinated):**

**Domestic Travel:** As long as asymptomatic, no testing or quarantine is needed.

**International Travel:** As long as asymptomatic, no quarantine is needed. Should test 3-5 days after arrival back in the United States.

## **Travel (Unvaccinated):**

### **Domestic Travel & International Travel:**

**Option 1:** 7 day quarantine if a negative COVID-19 test is obtained on days 3, 4, or 5 after the date of return.

**Option 2:** 10 day quarantine without COVID-19 testing.

## **Close Contact Definition:**

Someone who has been within 6 feet with a suspected or known COVID positive individual for 15 or more minutes during a 24 hour period. This remains even when students are masked.

**Rapid COVID-19 tests are acceptable, however, PCR tests are preferred.**

**NOTE: Day 1 of quarantine always starts the day after symptoms began, the day after a positive COVID-19 test is obtained, the day after the date of the close contact, and the day after returning to New Jersey from travel**

**\*\*These guidelines are subject to change based on the most current Department of Health school guidance.\*\***