

GMMS Volleyball Club Sign-Ups

We are excited about beginning another volleyball season this winter. All boys or girls in grades 5 - 8 interested in playing volleyball must return the attached permission form. Also, each player must submit a Physical before they are allowed to practice. Please note that the Pre-Participation Physical Examination Form changed in July 2024. The updated physical form can be found on the GMMS nurses office website <https://www.gmrtd.com/Page/704>. The only form that needs to be submitted to the health office is the PPE Medical Eligibility Form. The Health History Update Questionnaire still needs to be completed if the Pre-Participation Examination was completed more than 90 days before the first day of practice. Practices will begin Feb.3, 2025 and will run from 2:30-3:30 pm on Mondays and Wednesdays for the Girls' team and Tuesdays and Thursdays for the Boys' team. Our season runs from Feb. 3 until March 13. The game schedule has not yet been determined. All forms must be returned to the Nurse's office by Thursday Jan. 16, 2025.

Participation in GMMS Extra-Curricular Activities requires good Academic Standing (passing grades). Any student on Disciplinary Probation (30 points or higher) may not participate.

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(Cut on this line and return bottom portion)

Child's Name _____ Grade/Homeroom _____

I give permission for my child to participate in the 2025 Great Meadows Middle School Volleyball Club. I understand that my child may not participate until the Pre-participation Physical forms are submitted to the school nurse. I understand that I am expected to pick up my child(ren) promptly at the end of practice at 3:30pm or games at 4:00pm. Two late arrivals will lead to dismissal from the volleyball club.

Parent/Guardian Signature: _____

Phone # _____

Email _____

T-shirt size: Circle one: Adult Small, Adult Medium, Adult Large, Adult XL