

## Central PAC Meeting

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Members: Samantha Westberg, Principal [swestberg@gmrdsd.com](mailto:swestberg@gmrdsd.com)  
Daniele Nevins, Preschool Parent [Dnevins22@gmail.com](mailto:Dnevins22@gmail.com)  
Kara Sousa, Kindergarten Parent [Karalynnsousa@yahoo.com](mailto:Karalynnsousa@yahoo.com)  
Helena Molyneux, First Grade Parent [Helena.sideris@gmail.com](mailto:Helena.sideris@gmail.com)  
Kellie Harris, Second Grade Parent [Misskellie10@yahoo.com](mailto:Misskellie10@yahoo.com)  
Nerissa Diaz, Third Grade Parent [Nerissa@comcast.net](mailto:Nerissa@comcast.net)

### Mission Statement and Goals

- The Central Parent Advisory Council (PAC) is made up of parents and guardians with common interests. Their desire is to maintain an active parent community and help launch a parent culture that impacts our students' education, as well as help to inspire a positive school culture. This parent group aims to meet regularly to serve as an advisory group to the Principal regarding educational needs, concerns, and improvements. Our goals include:
  - Offer advice on a variety of school issues (school climate, social-emotional learning, Title I, special education, ELL, attendance, extracurricular activities, etc.)
  - Promote and encourage parent and community participation in the school
  - Provide a communication link between the school and the community
  - Help identify the concerns of students, parents, and community members and assist in developing solutions
  - to serve as liaisons and communicators between school administration, parents, students, and the community

### Share Current School Initiatives and Programs

- Restorative Practices
  - Restorative Practices is a system of formal and informal processes that build and sustain a culture of kindness, respect, responsibility and justice. This is achieved through emphasizing the importance of trusting relationships as central to building community and repairing relationships when harm has occurred. The fundamental premise of

restorative practices is that people are happier, more cooperative and productive, and more likely to make positive changes when those in positions of authority do things with them, rather than to them or for them. Restorative practices cultivate a culture in which everyone feels like they belong. They build a particular sense of community in which every member-- students, teacher, parent volunteers, aides--feel that they are seen, heard, and respected. Restorative practices promote inclusiveness, relationship-building and problem solving, through such restorative methods as circles for teaching and conflict resolution to conferences that bring victims, offenders and their supporters together to address wrongdoing. Instead of punishment, students are encouraged to reflect on and take responsibility for their actions and come up with plans to repair harm.

- Growth Mindset
  - A growth mindset is the belief that abilities and intelligence can be developed through hard work, dedication, and persistence. Elementary schools are implementing growth mindset strategies to help students develop this mindset, which can lead to improved academic performance and overall well-being. Parents can support their child's growth mindset development by encouraging a love for learning, praising effort rather than achievement, and modeling resilience and persistence. By fostering a growth mindset in elementary schools and at home, students are better equipped to handle challenges, embrace failure as a learning opportunity, and achieve their full potential.
- Professional Learning Communities
  - Group of staff members that identify a goal for a group of students and use data to achieve the goal. Once the goal is achieved, a new goal is created.

#### Parent Priorities

- Social Emotional Learning and Emotional Intelligence
  - Character Strong Program
- Health Program

- Providing more detailed information with the health opt-out forms to ensure families have a clear understanding of which lessons they are opting out of.
- Resources for parents to explain behaviors in class
  - Books or tools for students to understand peer behavior and students that may act differently or learn differently in the classroom setting
- Parent Night
  - Invite parents to Central School to learn about different programs and resources available

#### Next Steps

- Start gathering ideas for the Parent Night
- Follow up on priorities above-health program details, resources for parents.