

## **4th-8th What will be taught in each grade for the following standards**

Personal Growth and Development  
Pregnancy and Parenting  
Social and Sexual Health

### **4th Grade**

4th Grade will be separated into male (with Mr. Poyer) and female (with Ms. McClary) when being taught about the puberty/hygiene section of unit

Females - Through a basic Google Slides presentation, females will learn about Puberty (what is, basic changes, names of parts of female reproductive system so can teach about menstruation) and basic hygiene (discuss products they can use for hygiene and feminine protection)

Males - will learn about puberty, basic changes and hygiene

### **5th Grade**

5th Grade will be separated into male (with Mr. Poyer) and female (with Ms. McClary) when being taught about the puberty/hygiene section of unit

Females - Watch “*Always Changing and Growing Up Girls*” - girls will be given pretest/posttest to see what know and remember

Students will

- identify and explain the major components of the female reproductive systems
- understand the physical and emotional changes they experience during puberty and acknowledge that these changes are a normal part of growth and development
- discuss/review menstruation/menstruation cycle
- discuss/review products they can use for hygiene and feminine protection
- video quickly mentions that the menstrual cycle prepares their body for pregnancy - there will also be a quick statement surrogacy and IVF are other ways for pregnancy to occur.
- identify trusted adults to talk to or ask questions about puberty
- briefly discuss gender roles and stereotyping - Reinforce with your students – they don’t have to let these norms limit them. Girls and boys can be whoever they want to be - encourage them to stay strong and believe that they can achieve anything!
- define general identity and sexual orientation

- demonstrate how to promote dignity and respect for all people - We are all different and that's what makes us beautiful.
- discuss with students there is no right or wrong way to look. Instead, they need to try and focus on staying healthy and happy, be proud of their uniqueness and be supportive of those around them.

Males - Watch “*Always Changing and Growing Up Boys*” - boys will be given pretest/posttest to see what know and remember

Students will

- identify and explain the major components of the male reproductive systems.
- learn how to deal with changes
- understand that personal hygiene is each individual's responsibility
- identify trusted adults to talk to or ask questions about puberty
- briefly discuss gender roles and stereotyping - Reinforce with your students – they don't have to let these norms limit them. Girls and boys can be whoever they want to be - Encourage them to stay strong and believe that they can achieve anything!
- define general identity and sexual orientation
- demonstrate how to promote dignity and respect for all people - We are all different and that's what makes us beautiful.
- discuss with students there is no right or wrong way to look. Instead, they need to try and focus on staying healthy and happy, be proud of their uniqueness and be supportive of those around them.

## **6th Grade**

Boys and girls will be together for this entire unit

Students will watch “*Always Changing and Growing Up Co-ed*” version

This will include both the female and male development/reproductive systems

- students will learn about opposite gender's changes (venn diagram), parts (diagrams), and hygiene
- Briefly talk about the sequence of fertilization, embryonic growth, and fetal development during pregnancy.
- Describe/discuss the stages of life after pregnancy, including infancy, childhood, adolescence, and adulthood.

Through worksheets, class discussions, projects

- students will learn about different families, values, how to deal with change and crisis, and responsibilities

## **7th Grade**

This unit will heavily focus on types of relationships, (family, friends, dating) healthy and unhealthy relationships and communication skills needed for healthy relationships.

Through class discussions, worksheets, interactive Google Slides, and role plays  
Students will:

- Learn how to communicate by learning how to recognize and manage emotions, being aware of other's emotions, active listen, and how to navigate disagreements
- Learn how to recognize healthy/unhealthy relationships by understanding boundaries, balanced and imbalanced power, if the relationship is stable or unstable, and accepting or unaccepting,

## **8th Grade**

Students will research/learn about topics such as the female and male reproductive systems (functions, problems within system, and self help tips), pregnancy, (the stages of pregnancy, prenatal care and complications, and how to stay healthy), abstinence and birth control methods (different types and effectiveness), STIs (what are, how transmitted and treated), and risks and challenges of being sexually active at their age

Through videos, worksheets, Google slides, projects and class discussions  
Students will:

- learn about and understand consent and laws of consent
- Identify community resources or trusted adults to go to when assistance is needed
- differentiate and understand gender identity, gender expression, and sexual orientation (define and compare) and how to address it in today's society and respect and acceptance of all
- develop positive communication skills for positive interactions among all genders